



Immersion

Creating art is a great way to reflect on oneself and society, engage with current life issues and provide well-being. It doesn't matter if you are pleasing others or yourself through your creativity.



The aesthetic enjoyment or critical contemplation of art makes the world appear in a different light and makes life more worth living.

Difficulties and burdens can recede for a while.



Immersing oneself in other perspectives can also influence one's own viewing habits and positively change one's own life situation.

Dieter Hanf

All content is ©Copyright of the artist named above and reproduced for Disabled Artists' Network CIC with their permission.