

# Sergey Simora

## **The Great Englishman**

I am a Russian artist Sergey Simora. Born in the Soviet Union in the beautiful Black Sea city of Odessa. I graduated from the Odessa Art School named after Grekov. I'm 50 years old. I am not ill at all, I have no physical limitations, and I am even very healthy, in excellent shape, full of strength and energy.

There was a period in my life when I served as a scout. And it happened at the most difficult time for my country.

The collapse of the country, local wars, murders and crime. I have seen war, death, grief, and suffering. I saw how on May 2, 2014, Ukrainian neo-fascists burned people in Odessa.

These are unhealed wounds in the soul.

We are all wounded in this world. Someone in the body, someone in the soul. Someone from birth, someone during life. There are no completely healthy people. There are only those who are able to overcome difficulties and smile in the face of death.

The forces of evil have failed to make me an evil, cruel, and vindictive person. I love this world, I love people, I love classical music, foxtrot, jazz and old movies.

Art helped me in this. Today I am a professional teacher of painting, I opened my own school "Art-Ra", which I named in honour of the God of Suns. God of



light, warmth and goodness. The students of my school are making great progress in the visual arts.

Don't be afraid to be creative. Write music, books, paintings... There are no limited people in art.

God created people in his own image and likeness. God is the creator, which means that we are all the only creatures on Earth that can create. And it's a sin not to use it. Do not be afraid, create, you will succeed, because the people of art have always been stronger than those who bring evil.

Create in spite of all the persecution and difficulties, as did your compatriot, the great Englishman Charles Chaplin. It has become a symbol of the twentieth century for the whole world.

All of us in this life are small, brave and funny tramps.

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Promoting Creativity As A Coping Mechanism For Disability